Senate



General Assembly

File No. 451

February Session, 2016

Substitute Senate Bill No. 433

Senate, April 4, 2016

The Committee on Insurance and Real Estate reported through SEN. CRISCO of the 17th Dist., Chairperson of the Committee on the part of the Senate, that the substitute bill ought to pass.

AN ACT CONCERNING STANDARDS AND REQUIREMENTS FOR HEALTH CARRIERS' PROVIDER NETWORKS AND CONTRACTS BETWEEN HEALTH CARRIERS AND PARTICIPATING PROVIDERS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- Section 1. Section 38a-472f of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2017*):
- 3 (a) [Each insurer, health care center, managed care organization or other entity that delivers, issues for delivery, renews, amends or
- 5 continues an individual or group health insurance policy or medical
- 6 benefits plan, and each preferred provider network, as defined in
- 7 section 38a-479aa, that contracts with a health care provider, as defined
- 8 in section 38a-478, for the purposes of providing covered health care
- 9 services to its enrollees, shall maintain a network of such providers
- that is consistent with the National Committee for Quality Assurance's
- 11 network adequacy requirements or URAC's provider network access
- 12 and availability standards.] As used in this section:

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13 (1) "Authorized representative" means (A) an individual to whom a

- 14 covered person has given express written consent to represent the
- 15 covered person, (B) an individual authorized by law to provide
- 16 <u>substituted consent for a covered person, or (C) the covered person's</u>
- 17 treating health care provider when the covered person is unable to
- 18 provide consent or a family member of the covered person;
- 19 (2) "Covered benefit" or "benefit" means those health care services to
- 20 which a covered person is entitled under the terms of a health benefit
- 21 plan;
- 22 (3) "Covered person" has the same meaning as provided in section
- 23 38a-591a;
- 24 (4) "Essential community provider" means a health care provider or
- 25 facility that (A) serves predominantly low-income, medically
- 26 underserved individuals and includes covered entities, as defined in 42
- 27 <u>USC 256b, as amended from time to time, or (B) is described in 42 USC</u>
- 28 1396r-8(c)(1)(D)(i)(IV), as amended from time to time;
- 29 (5) "Facility" has the same meaning as provided in section 38a-591a;
- 30 (6) "Health benefit plan" has the same meaning as provided in
- 31 <u>section 38a-591a;</u>
- 32 (7) "Health care provider" has the same meaning as provided in
- 33 section 38a-477aa;
- 34 (8) "Health care services" has the same meaning as provided in
- 35 section 38a-478;
- 36 (9) "Health carrier" has the same meaning as provided in section
- 37 38a-591a;
- 38 (10) "Intermediary" means a person, as defined in section 38a-1,
- 39 authorized to negotiate and execute health care provider contracts
- 40 with health carriers on behalf of health care providers or a network;
- 41 (11) "Network" means the group or groups of participating

42 providers providing health care services under a network plan;

- 43 (12) "Network plan" means a health benefit plan that requires a
- 44 covered person to use, or creates incentives, including financial
- 45 incentives, for a covered person to use, health care providers or
- 46 facilities that are managed, owned, under contract with or employed
- 47 by the health carrier;
- 48 (13) "Participating provider" means a health care provider or a
- 49 facility that, under a contract with a health carrier or such health
- 50 <u>carrier's contractor or subcontractor, has agreed to provide health care</u>
- 51 <u>services to such health carrier's covered persons, with an expectation</u>
- 52 of receiving payment or reimbursement directly or indirectly from the
- 53 health carrier, other than coinsurance, copayments or deductibles;
- 54 (14) "Primary care" means health care services for a range of
- 55 common physical, mental or behavioral health conditions, provided by
- 56 <u>a health care provider;</u>
- 57 (15) "Primary care provider" means a participating health care
- 58 provider designated by a health carrier to supervise, coordinate or
- 59 provide initial health care services or continuing health care services to
- a covered person, and who may be required by the health carrier to
- 61 initiate a referral for specialty care and maintain supervision of health
- 62 care services provided to the covered person;
- 63 (16) "Specialist" means a health care provider who (A) focuses on a
- 64 specific area of physical, mental or behavioral health or a specific
- 65 group of patients, and (B) has successfully completed required training
- and is recognized by this state to provide specialty care. "Specialist"
- 67 includes a subspecialist who has additional training and recognition
- 68 beyond that required for a specialist;
- 69 (17) "Specialty care" means advanced medically necessary care and
- 70 treatment of specific physical, mental or behavioral health conditions,
- 71 or those conditions that may manifest in particular ages or
- subpopulations, that are provided by a specialist in coordination with

- 73 <u>a health care provider;</u>
- 74 (18) "Telemedicine" or "telehealth" has the same meaning as 75 "telehealth", as defined in section 19a-906; and
- 76 (19) "Tiered network" means a network that identifies and groups
 77 some or all types of health care providers and facilities into specific
 78 groups to which different participating provider reimbursement,
 79 covered person cost-sharing or participating provider access
- 80 requirements, or any combination thereof, apply for the same health
- 81 care services.
- 82 (b) The provisions of this section and sections 2 and 3 of this act
 83 shall apply to all health carriers that deliver, issue for delivery, renew,
- 84 <u>amend or continue a network plan in this state.</u>
- (c) (1) (A) Each health carrier shall establish and maintain a network that includes a sufficient number and appropriate types of participating providers, including those that serve predominantly low-income, medically underserved individuals, to assure that all covered benefits will be accessible to all such health carrier's covered persons without unreasonable travel or delay.
- 91 (B) Each health carrier shall assure that all covered persons have 92 access to emergency services, as defined in section 38a-477aa, twenty-93 four hours a day, seven days a week.
- 94 (2) The Insurance Commissioner shall determine the sufficiency of a 95 health carrier's network in accordance with the provisions of this subsection and may establish sufficiency by reference to any 96 97 reasonable criteria, including, but not limited to, (A) the ratio of 98 participating providers to covered persons by specialty, (B) the ratio of 99 primary care providers to covered persons, (C) the geographic accessibility of participating providers, (D) the geographic variation 100 101 and dispersion of the state's population, (E) the wait times for 102 appointments with participating providers, (F) the hours of operation 103 of participating providers, (G) the ability of the network to meet the

104 needs of covered persons that may include low-income individuals, 105 children and adults with serious, chronic or complex conditions or physical or mental disabilities or individuals with limited English 106 107 proficiency, (H) the availability of other health care delivery system 108 options, such as telemedicine, telehealth, centers of excellence and 109 mobile clinics, (I) the volume of technological and specialty care 110 services available to serve the needs of covered persons who require 111 technologically advanced or specialty care services, (J) the extent to which participating health care providers are accepting new patients, 112 (K) the degree to which (i) participating health care providers are 113 114 authorized to admit patients to hospitals participating in the network, and (ii) hospital-based health care providers are participating 115 providers, and (L) the regionalization of specialty care. 116

- (d) (1) Each health carrier shall establish and maintain a process to
 ensure that a covered person receives a covered benefit at an innetwork level, including an in-network level of cost-sharing, from a
 nonparticipating provider, or shall make other arrangements
 acceptable to the commissioner, when:
- (A) The health carrier has a sufficient network but does not have (i)
 a type of participating provider available to provide the covered
 benefit to the covered person, or (ii) a participating provider available
 to provide the covered benefit to the covered person without
 unreasonable travel or delay; or
- 127 <u>(B) The health carrier has an insufficient number or type of</u>
 128 participating providers available to provide the covered benefit to the
 129 covered person without unreasonable travel or delay.
- (2) Each health carrier shall disclose to a covered person the process
 to request a covered benefit from a nonparticipating provider, as
 provided under subdivision (1) of this subsection, when:
- 133 (A) The covered person is diagnosed with a condition or disease 134 that requires specialty care; and

(B) The health carrier (i) does not have a participating provider of the required specialty with the professional training and expertise to treat or provide health care services for the condition or disease, or (ii) cannot provide reasonable access to a participating provider of the required specialty with the professional training and expertise to treat or provide health care services for the condition or disease without unreasonable travel or delay.

- (3) The health carrier shall deem the health care services such covered person receives from a nonparticipating provider pursuant to subdivision (2) of this subsection to be health care services provided by a participating provider, including counting the covered person's cost-sharing for such health care services toward the maximum out-of-pocket expenses limit applicable to health care services received from participating providers under the health benefit plan.
- (4) The health carrier shall ensure that the processes described under subdivisions (1) and (2) of this subsection address a covered person's request to obtain a covered benefit from a nonparticipating provider in a timely fashion appropriate to the covered person's condition. The time frames for such processes shall mirror those set forth in subsections (e) and (f) of section 38a-591g for external reviews of adverse determinations and final adverse determinations.
- (5) The health carrier shall document all requests from its covered persons to obtain a covered benefit from a nonparticipating provider pursuant to this subsection and shall provide such documentation to the commissioner upon request.
- (6) No health carrier shall use the process described in subdivisions
 (1) and (2) of this subsection as a substitute for establishing and
 maintaining a sufficient network as required under subsection (b) of
 this section. No covered person shall use such process to circumvent
 the use of covered benefits available through a health carrier's network
 delivery system options.
- 166 (7) Nothing in this subsection shall be construed to affect any rights

or remedies available to a covered person under sections 38a-591a to

- 168 38a-591g, inclusive, or federal law relating to internal or external
- 169 <u>claims grievance and appeals processes.</u>
- (e) (1) Each health carrier shall:
- (A) Maintain adequate arrangements to assure that such health
- 172 carrier's covered persons have reasonable access to participating
- 173 providers located near such covered persons' places of residence or
- 174 employment. In determining whether a health carrier has complied
- with this subparagraph, the commissioner shall give due consideration
- to the relative availability of health care providers with the requisite
- 177 <u>expertise and training in the service area under consideration;</u>
- (B) Monitor on an ongoing basis the ability, clinical capacity and
- 179 <u>legal authority of its participating providers to provide all covered</u>
- 180 <u>benefits to its covered persons;</u>
- 181 (C) Establish and maintain procedures by which a participating
- provider will be notified on an ongoing basis of the specific covered
- 183 health care services for which such participating provider will be
- 184 responsible, including any limitations on or conditions of such
- 185 <u>services;</u>
- 186 (D) Ensure that participating providers provide covered benefits to
- all covered persons without regard to a covered person's enrollment in
- a network plan as a private purchaser of such network plan or as a
- 189 participant in a publicly financed health care program, except that
- 190 nothing in this subparagraph shall be construed to apply to
- 191 circumstances when a participating provider should not provide
- 192 services due to limitations arising from lack of training, experience or
- 193 skill or license restrictions;
- 194 (E) Notify participating providers of their obligations, if any, (i) to
- 195 collect applicable coinsurance, deductibles or copayments from
- 196 covered persons pursuant to a covered person's health benefit plan,
- and (ii) to notify covered persons of such covered persons' financial

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of premium by such health carrier;

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(F) Establish and maintain procedures by which a participating provider may determine in a timely manner at the time benefits are provided whether an individual is a covered person or is within a grace period for payment of premium during which such health carrier may hold a claim for health care services pending receipt of payment

- 205 (G) Timely notify a health care provider or facility, when such 206 health carrier has included such health care provider or facility as a 207 participating provider for any of such health carrier's health benefit 208 plans, of such health care provider's or facility's network participation 209 status;
- 210 (H) Notify participating providers of the participating provider's responsibilities with respect to such health carrier's applicable 211 administrative policies and programs, including, but not limited to, 212 payment terms, utilization review, quality assessment and 213 improvement programs, credentialing, grievance and appeals 214 215 processes, date reporting requirements, reporting requirements for 216 timely notice of changes in practice such as discontinuance of 217 accepting new patients, confidentiality requirements, any applicable 218 federal or state programs and obtaining necessary approval of referrals 219 to nonparticipating providers; and
- 220 <u>(I) Establish and maintain procedures for the resolution of</u> 221 <u>administrative, payment or other disputes between the health carrier</u> 222 <u>and a participating provider.</u>
- 223 (2) No health carrier shall:
- 224 (A) Offer or provide an inducement to a participating provider that 225 would encourage or otherwise incentivize a participating provider to 226 provide less than medically necessary health care services to a covered 227 person;
- (B) Prohibit a participating provider from (i) discussing any specific

or all treatment options with covered persons, irrespective of such

- 230 <u>health carrier's position on such treatment options, or (ii) advocating</u>
- 231 <u>on behalf of covered persons within the utilization review or grievance</u>
- 232 <u>and appeals processes established by such health carrier or a person</u>
- 233 contracting with such health carrier or in accordance with any rights or
- remedies available to covered persons under sections 38a-591a to 38a-
- 235 591g, inclusive, or federal law relating to internal or external claims
- 236 grievance and appeals processes; or
- 237 (C) Penalize a participating provider because such participating
- 238 provider reports in good faith to state or federal authorities any act or
- 239 practice by such health carrier that jeopardizes patient health or
- 240 <u>welfare.</u>
- 241 (f) (1) Each health carrier shall develop standards, to be used by
- 242 such health carrier and its intermediaries, for selecting and tiering, as
- 243 applicable, participating providers and each health care provider
- 244 specialty.
- 245 (2) No health carrier shall establish selection or tiering criteria in a
- 246 manner that would (A) allow the health carrier to discriminate against
- 247 <u>high-risk populations by excluding or tiering participating providers</u>
- 248 <u>because they are located in a geographic area that contains populations</u>
- 249 <u>or participating providers that present a risk of higher-than-average</u>
- 250 <u>claims, losses or health care services utilization, or (B) exclude</u>
- 251 participating providers because they treat or specialize in treating
- 252 populations that present a risk of higher-than-average claims, losses or
- 253 <u>health care services utilization. Nothing in this subdivision shall be</u>
- 254 construed to prohibit a health carrier from declining to select a health
- 255 care provider or facility for participation in such health carrier's
- 256 <u>network who fails to meet legitimate selection criteria established by</u>
- such health carrier.
- 258 (3) No health carrier shall establish selection criteria that would
- allow the health carrier to discriminate, with respect to participation in
- a network plan, against any health care provider who is acting within
- 261 the scope of such health care provider's license or certification under

262 state law. Nothing in this subdivision shall be construed to require a

- 263 <u>health carrier to contract with any health care provider or facility</u>
- 264 willing to abide by the terms and conditions for participation
- 265 <u>established by such health carrier.</u>
- 266 (4) Each health carrier shall make the standards required under
- 267 <u>subdivision (1) of this subsection available to the commissioner for</u>
- 268 review and shall make available to the public a plain language
- 269 <u>description of such standards.</u>
- 270 (5) Nothing in this subsection shall require a health carrier, its
- 271 <u>intermediaries or health care provider networks with which such</u>
- 272 <u>health carrier or intermediary contracts to (A) employ specific health</u>
- 273 care providers acting within the scope of such health care providers'
- 274 license or certification under state law who meet such health carrier's
- 275 selection criteria, or (B) contract with or retain more health care
- 276 providers acting within the scope of such health care providers' license
- or certification under state law than are necessary to maintain a
- 278 sufficient network.
- 279 (g) (1) (A) A health carrier and participating provider shall provide
- at least sixty days' written notice to each other before the health carrier
- 281 removes a participating provider from the network or the participating
- 282 provider leaves the network. Each participating provider that receives
- 283 a notice of removal or issues a departure notice shall provide to the
- 284 health carrier a list of such participating provider's patients who are
- covered persons under a network plan of such health carrier.
- 286 (B) A health carrier shall make a good faith effort to provide written
- 287 <u>notice, not later than thirty days after the health carrier receives or</u>
- 288 <u>issues a written notice under subparagraph (A) of this subdivision, to</u>
- 289 all covered persons who are patients being treated on a regular basis
- 290 by or at the participating provider being removed from or leaving the
- 291 network, irrespective of whether such removal or departure is for
- 292 cause.
- 293 (C) If the participating provider being removed from or leaving the

294 <u>network is a primary care provider, the health carrier shall provide</u>

- 295 <u>written notice to all covered persons who are patients of such primary</u>
- 296 <u>care provider.</u>
- 297 (2) (A) For the purposes of this subdivision:
- 298 (i) "Active course of treatment" means (I) an ongoing course of 299 treatment for a life-threatening condition, (II) an ongoing course of
- 300 treatment for a serious acute condition, (III) care provided during the
- 301 second or third trimester of pregnancy, or (IV) an ongoing course of
- 302 treatment for a condition for which a treating health care provider
- 303 attests that discontinuing care by such health care provider would
- 304 worsen the covered person's condition or interfere with anticipated
- 305 <u>outcomes</u>;
- 306 (ii) "Life-threatening condition" means a disease or condition for
- 307 which the likelihood of death is probable unless the course of such
- 308 disease or condition is interrupted;
- 309 (iii) "Serious acute condition" means a disease or condition that
- 310 requires complex ongoing care such as chemotherapy, radiation
- 311 therapy or postoperative visits, which the covered person is currently
- 312 <u>receiving; and</u>
- (iv) "Treating provider" means a covered person's treating health
- 314 care provider or a facility at which a covered person is receiving
- 315 treatment, that is removed from or leaves a health carrier's network
- 316 pursuant to subdivision (1) of this subsection.
- 317 (B) (i) Each health carrier shall establish and maintain reasonable
- 318 procedures to transition a covered person, who is in an active course of
- 319 treatment with a participating health care provider or at a participating
- 320 facility that becomes a treating provider, to another participating
- 321 provider in a manner that provides for continuity of care. A covered
- 322 person shall be deemed to be in an active course of treatment if such
- 323 covered person has been treated on a regular basis by such
- 324 participating health care provider or at such participating facility.

(ii) In addition to the notice required under subdivision (1) of this subsection, the health carrier shall provide to such covered person (I) a list of available participating providers in the same geographic area as such covered person who are of the same health care provider or facility type, and (II) the procedures for how such covered person may request continuity of care as set forth in this subparagraph.

(iii) Such procedures shall provide that:

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- 332 (I) Any request for a continuity of care period shall be made by the 333 covered person or the covered person's authorized representative;
- 334 (II) A request for a continuity of care period, made by a covered person who meets the requirements under subparagraph (B)(i) of this 335 336 subdivision or such covered person's authorized representative and whose treating provider was not removed from or did not leave the 337 network for cause, shall be reviewed by the health carrier's medical 338 director after consultation with such treating provider; and 339
- 340 (III) For a covered person who is in the second or third trimester of 341 pregnancy, the continuity of care period shall extend through the postpartum period. 342
- 343 (iv) The continuity of care period for a covered person who is 344 undergoing an active course of treatment shall extend to the earliest of 345 the following: (I) Termination of the course of treatment by the covered 346 person or the treating provider; (II) ninety days after the date the participating provider is removed from or leaves the network, unless 347 348 the health carrier's medical director determines that a longer period is necessary; (III) the date that care is successfully transitioned to another 349 participating provider; (IV) the date benefit limitations under the 350 351 health benefit plan are met or exceeded; or (V) the date the health 352 carrier determines care is no longer medically necessary.
 - (v) The health carrier shall only grant a continuity of care period as provided under subparagraph (B)(iv) of this subdivision if the treating provider agrees, in writing, (I) to accept the same payment from such

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356 health carrier and abide by the same terms and conditions as provided 357 in the contract between such health carrier and treating provider when such treating provider was a participating provider, and (II) not to 358 359 seek any payment from the covered person for any amount for which 360 such covered person would not have been responsible if the treating 361 provider was still a participating provider.

- (h) (1) (A) Beginning January 1, 2017, a health carrier shall file with 362 the commissioner for review each existing network as of said date and an access plan for each such network.
- 365 (B) For each new network a health carrier intends to offer after 366 January 1, 2017, such health carrier shall file with the commissioner for 367 review, within thirty days prior to the date such health carrier will 368 offer such new network, the new network and an access plan for such 369 new network.
- 370 (C) A health carrier shall notify the commissioner of any material change to an existing network not later than fifteen business days after 371 such change and shall file with the commissioner an update to such 372 373 existing network not later than thirty days after such material change. For the purposes of this subparagraph, "material change" means (i) a 374 375 change of twenty-five per cent or more in the participating providers 376 in a health carrier's network or the type of participating providers 377 available in a health carrier's network to provide health care services or specialty care to covered persons, or (ii) any change that renders a 378 health carrier's network noncompliant with one or more network 379 adequacy standards, such as (I) a significant reduction in the number 380 381 of primary care or specialty care providers available in the network, (II) a reduction in a specific type of participating provider such that a 382 specific covered benefit is no longer available to covered persons, (III) 383 384 a change to a tiered, multitiered, layered or multilevel network plan 385 structure, or (IV) a change in inclusion of a major health system, as 386 defined in section 19-508c, that causes a network to be significantly different from what a covered person initially purchased. 387
- 388 (2) Each access plan required under subdivision (1) of this

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389 <u>subsection shall be in a form and manner prescribed by the</u> 390 commissioner and shall contain descriptions of at least the following:

- 391 (A) The health carrier's network, including how the use of telemedicine, telehealth or other technology may be used to meet network access standards, if applicable;
- 394 <u>(B) The health carrier's procedures for making and authorizing</u> 395 <u>referrals within and outside its network, if applicable;</u>
- 396 (C) The health carrier's procedures for monitoring and assuring on 397 an ongoing basis the sufficiency of its network to meet the health care 398 needs of the populations that enroll in its network plans;
- 399 (D) The factors used by the health carrier to build its network, 400 including a description of the network and the criteria used to select 401 and tier health care providers and facilities;
- (E) The health carrier's efforts to address the needs of covered persons, including, but not limited to, children and adults, including those with limited English proficiency or illiteracy, diverse cultural or ethnic backgrounds, physical or mental disabilities and serious, chronic or complex conditions. Such description shall include the health carrier's efforts, when appropriate, to include various types of essential community providers in its network;
- 409 <u>(F) The health carrier's methods for assessing the health care needs</u>
 410 <u>of covered persons and covered persons' satisfaction with the health</u>
 411 <u>care services provided;</u>
- 412 (G) The health carrier's method of informing covered persons of the network plan's covered benefits, including, but not limited to, (i) the 413 414 network plan's grievance and appeals processes, (ii) the network plan's process for covered persons to choose or change participating 415 providers in the network plan, (iii) the health carrier's process for 416 updating its participating provider directories for each of its network 417 418 plans; (iv) a statement of the health care services offered by the network plan, including those health care services offered through the 419

420 preventive care benefit, if applicable; and (v) the network plan's

- 421 procedures for covering and approving emergency, urgent and
- 422 specialty care, if applicable;
- 423 (H) The health carrier's system for ensuring the coordination and
- 424 <u>continuity of care for covered persons (i) referred to specialty</u>
- 425 physicians, or (ii) using ancillary services, including, but not limited to,
- 426 social services and other community resources and for ensuring
- 427 appropriate discharge planning for covered persons using such
- 428 <u>ancillary services;</u>
- 429 (I) The health carrier's process for enabling covered persons to
- 430 change their designation of a primary care provider, if applicable;
- 431 (J) The health carrier's proposed plan for providing continuity of
- 432 care to covered persons in the event of contract termination between
- 433 the health carrier and any of its participating providers or in the event
- 434 <u>of the health carrier's insolvency or other inability to continue</u>
- operations. Such description shall explain how covered persons will be
- and notified of such contract termination, insolvency or other cessation of
- operations and transitioned to other participating providers in a timely
- 438 manner;
- 439 (K) The health carrier's process for monitoring access to specialist
- services in emergency room care, anesthesiology, radiology, hospitalist
- 441 care and pathology and laboratory services at such health carrier's
- 442 participating hospitals;
- 443 (L) The health carrier's efforts to ensure that its participating
- 444 providers meet available and appropriate quality of care standards
- and health outcomes for network plans that such health carrier has
- designed to include health care providers and facilities that provide
- 447 high quality of care and health outcomes;
- 448 (M) The health carrier's accreditation by the National Committee for
- 449 Quality Assurance that such health carrier meets said committee's
- 450 network adequacy requirements or by URAC that such health carrier

451 meets URAC's provider network access and availability standards; and

- 452 (N) Any other information required by the commissioner to 453 determine the health carrier's compliance with this section.
- 454 (3) A health carrier shall post each access plan on its Internet web 455 site and make such access plan available at the health carrier's business 456 premises in this state and to any person upon request, except that such health carrier may exclude from such posting or publicly available 457 access plan any information such health carrier deems to be 458 proprietary information that, if disclosed, would cause the health 459 carrier's competitors to obtain valuable business information. A health 460 461 carrier may request the commissioner not to disclose such information
- under section 1-210.
- 463 (i) (1) If the commissioner determines that (A) a health carrier has not contracted with a sufficient number of participating providers to 464 assure that its covered persons have accessible health care services in a 465 geographic area, (B) a health carrier's access plan does not assure 466 reasonable access to covered benefits, (C) a health carrier has entered 467 468 into a contract that does not conform to the requirements of this 469 section or section 2 of this act, or (D) a health carrier has not complied with a provision of this section or section 2 or 3 of this act, the health 470 471 carrier shall modify its access plan or implement a corrective action 472 plan, as appropriate, and as directed by the commissioner. The 473 commissioner may take any other action authorized under this title to bring a health carrier into compliance with this section and sections 2 474 475 and 3 of this act.
- 476 (2) The commissioner may adopt regulations, in accordance with the 477 provisions of chapter 54, to implement the provisions of this section 478 and sections 2 and 3 of this act.
- Sec. 2. (NEW) (*Effective January 1, 2017*) (a) As used in this section: (1) "Covered person", "facility" and "health carrier" have the same meanings as provided in section 38a-591a of the general statutes, (2) "health care provider" has the same meaning as provided in subsection

(a) of section 38a-477aa of the general statutes, and (3) "intermediary", "network", "network plan" and "participating provider" have the same meanings as provided in subsection (a) of section 38a-472f of the general statutes, as amended by this act.

- (b) (1) Each contract entered into, renewed or amended on or after January 1, 2017, between a health carrier and a participating provider shall include:
- 490 (A) A hold harmless provision that specifies protections for covered 491 persons. Such provision shall include the following statement or a 492 substantially similar statement: "Provider agrees that in no event, 493 including, but not limited to, nonpayment by the health carrier or 494 intermediary, the insolvency of the health carrier or intermediary, or a 495 breach of this agreement, shall the provider bill, charge, collect a 496 deposit from, seek compensation, remuneration or reimbursement 497 from, or have any recourse against a covered person or a person (other 498 than the health carrier or intermediary) acting on behalf of the covered 499 person for services provided pursuant to this agreement. This 500 agreement does not prohibit the provider from collecting coinsurance, 501 deductibles or copayments, as specifically provided in the evidence of 502 coverage, or fees for uncovered services delivered on a fee-for-service 503 basis to covered persons. Nor does this agreement prohibit a provider 504 (except for a health care provider who is employed full-time on the 505 staff of a health carrier and has agreed to provide services exclusively 506 to that health carrier's covered persons and no others) and a covered 507 person from agreeing to continue services solely at the expense of the 508 covered person, as long as the provider has clearly informed the 509 covered person that the health carrier does not cover or continue to 510 cover a specific service or services. Except as provided herein, this 511 agreement does not prohibit the provider from pursuing any available 512 legal remedy.";
 - (B) A provision that in the event of a health carrier or intermediary insolvency or other cessation of operations, the participating provider's obligation to deliver covered health care services to covered persons

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without requesting payment from a covered person other than a coinsurance, copayment, deductible or other out-of-pocket expense for such services will continue until the earlier of (i) the termination of the covered person's coverage under the network plan, including any extension of coverage provided under the contract terms or applicable state or federal law for covered persons who are in an active course of treatment, as set forth in subdivision (2) of subsection (g) of section 38a-472f of the general statutes, as amended by this act, or are totally disabled, or (ii) the date the contract between the health carrier and the participating provider would have terminated if the health carrier or intermediary had remained in operation, including any extension of coverage required under applicable state or federal law for covered persons who are in an active course of treatment or are totally disabled;

- (C) (i) A provision that requires the participating provider to make health records available to appropriate state and federal authorities involved in assessing the quality of care provided to, or investigating grievances or complaints of, covered persons, and (ii) a statement that such participating provider shall comply with applicable state and federal laws related to the confidentiality of medical and health records and a covered person's right to view, obtain copies of or amend such covered person's medical and health records; and
- (D) Definitions of what is considered timely notice and a material change for the purposes of subdivision (2) of subsection (c) of this section.
- (2) The contract terms set forth in subparagraphs (A) and (B) of subdivision (1) of this subsection shall (A) be construed in favor of the covered person, (B) survive the termination of the contract regardless of the reason for the termination, including the insolvency of the health carrier, and (C) supersede any oral or written agreement between a health care provider and a covered person or a covered person's authorized representative that is contrary to or inconsistent with the requirements set forth in subdivision (1) of this subsection.

(3) No contract subject to this subsection shall include any provision that conflicts with the provisions contained in the network plan or required under this section, section 38a-472f of the general statutes, as amended by this act, or section 3 of this act.

- (4) No health carrier or participating provider that is a party to a contract under this subsection shall assign or delegate any right or responsibility required under such contract without the prior written consent of the other party.
- (c) (1) At the time a contract subject to subsection (b) of this section is signed, the health carrier or such health carrier's intermediary shall disclose to a participating provider all provisions and other documents incorporated by reference in such contract.
- 561 (2) While such contract is in force, the health carrier shall timely 562 notify a participating provider of any change to such provisions or 563 other documents specified under subdivision (1) of this subsection that 564 will result in a material change to such contract.
- 565 (d) (1) (A) Each contract between a health carrier and an 566 intermediary entered into, renewed or amended on or after January 1, 567 2017, shall satisfy the requirements of this subsection.
 - (B) Each intermediary and participating providers with whom such intermediary contracts shall comply with the applicable requirements of this subsection.
- 571 (2) No health carrier shall assign or delegate to an intermediary such 572 health carrier's responsibilities to monitor the offering of covered 573 benefits to covered persons. To the extent a health carrier assigns or 574 delegates to an intermediary other responsibilities, such health carrier 575 shall retain full responsibility for such intermediary's compliance with 576 the requirements of this section.
 - (3) A health carrier shall have the right to approve or disapprove the participation status of a health care provider or facility in such health carrier's own or a contracted network that is subcontracted for the

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purpose of providing covered benefits to the health carrier's covered persons.

- (4) A health carrier shall maintain at its principal place of business in this state copies of all intermediary subcontracts or ensure that such health carrier has access to all such subcontracts. Such health carrier shall have the right, upon twenty days' prior written notice, to make copies of any intermediary subcontracts to facilitate regulatory review.
- (5) (A) Each intermediary shall, if applicable, (i) transmit to the health carrier documentation of health care services utilization and claims paid, and (ii) maintain at its principal place of business in this state, for a period of time prescribed by the commissioner, the books, records, financial information and documentation of health care services received by covered persons, in a manner that facilitates regulatory review, and shall allow the commissioner access to such books, records, financial information and documentation as necessary for the commissioner to determine compliance with this section and section 38a-472f of the general statutes, as amended by this act.
 - (B) Each health carrier shall monitor the timeliness and appropriateness of payments made by its intermediary to participating providers and of health care services received by covered persons.
 - (6) In the event of the intermediary's insolvency, a health carrier shall have the right to require the assignment to the health carrier of the provisions of a participating provider's contract that address such participating provider's obligation to provide covered benefits. If a health carrier requires such assignment, such health carrier shall remain obligated to pay the participating provider for providing covered benefits under the same terms and conditions as the intermediary prior to the insolvency.
 - (e) The commissioner shall not act to arbitrate, mediate or settle (1) disputes regarding a health carrier's decision not to include a health care provider or facility in such health carrier's network or network plan, or (2) any other dispute between a health carrier, such health

carrier's intermediary or one or more participating providers, that arises under or by reason of a participating provider contract or the termination of such contract.

- Sec. 3. (NEW) (Effective January 1, 2017) (a) As used in this section: (1) "Covered person", "facility" and "health carrier" have the same meanings as provided in section 38a-591a of the general statutes, (2) "health care provider" has the same meaning as provided in subsection (a) of section 38a-477aa of the general statutes, and (3) "intermediary", "network", "network plan" and "participating provider" have the same meanings as provided in subsection (a) of section 38a-472f of the general statutes, as amended by this act.
 - (b) (1) Each health carrier shall post on its Internet web site a current and accurate participating provider directory, updated at least monthly, for each of its network plans. The health carrier shall ensure that consumers are able to view all of the current participating providers for a network plan through a clearly identifiable link or tab on such health carrier's Internet web site, without being required to create or access an account or enter a policy or contract number.
 - (2) Each health carrier shall provide, upon request from a covered person or a covered person's representative, a print copy of such directory or of requested information from such directory.
 - (c) (1) A health carrier shall include in each such electronic or print directory the following information in plain language: (A) A description of the criteria the health carrier used to build its network; (B) if applicable, a description of the criteria the health carrier used to tier its participating providers; (C) if applicable, a description of how the health carrier designates the different participating provider tiers or levels in the network and identifies, for each specific participating provider, in which tier each is placed, such as by name, symbols or grouping, to allow a consumer to be able to identify the participating provider tiers; and (D) if applicable, a statement that authorization or referral may be required to access some participating providers.

(2) Each such directory shall also include a customer service electronic mail address and telephone number or an Internet web site address that covered persons or consumers may use to notify the health carrier of any inaccurate participating provider information in such directory.

- (3) Each health carrier shall make it clear for each such electronic or print directory which directory applies to which network plan, such as by including the specific name of the network plan as marketed and issued in this state.
- 653 (4) Each such electronic or print directory shall accommodate the 654 communication needs of individuals with disabilities and include an 655 Internet web site address or information regarding available assistance 656 for individuals with limited English proficiency.
 - (d) (1) The health carrier shall make available through an electronic participating provider directory, for each of its network plans, the following information in a searchable format:
 - (A) For health care providers, (i) the health care provider's name, gender, participating office location or locations, specialty, if applicable, medical group affiliations, if any, facility affiliations, if applicable, participating facility affiliations, if applicable, (ii) any languages other than English spoken by such health care provider, and (iii) whether such health care provider is accepting new patients;
 - (B) For hospitals, the hospital name, the hospital type, such as acute, rehabilitation, children's or cancer, the participating hospital location and the hospital's accreditation status; and
- 669 (C) For facilities other than hospitals, by type, the facility name, the 670 facility type, the types of health care services performed at the facility 671 and the participating facility location or locations.
 - (2) In addition to the information required under subdivision (1) of this subsection, the health carrier shall make available through the electronic directory specified under subdivision (1) of this subsection,

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- 675 for each of its network plans, the following information:
- 676 (A) For health care providers, the health care provider's contact 677 information, board certification and any languages other than English
- 678 spoken by clinical staff, if applicable;
- 679 (B) For hospitals, the hospital's telephone number; and
- 680 (C) For facilities other than hospitals, the facility's telephone number. 681
- 682 (3) (A) Each health carrier shall make available in print, upon 683 request, the following participating provider directory information for 684 the applicable network plan:
- 685 (i) For health care providers, (I) the health care provider's name, 686 contact information, specialty, if applicable and participating office 687 location or locations, (II) any languages other than English spoken by 688 such health care provider, and (III) whether such health care provider 689 is accepting new patients;
- 690 (ii) For hospitals, the hospital name, the hospital type, such as acute, 691 rehabilitation, children's or cancer and the participating hospital 692 location and telephone number; and
- 693 (iii) For facilities other than hospitals, by type, the facility name, the 694 facility type, the types of health care services performed at such facility 695 and the participating facility location or locations and telephone number or numbers.
 - (B) Each health carrier shall include with the print directory information under subparagraph (A) of this subdivision and in the print participating provider directory under subdivision (2) of subsection (a) of this section a statement that the information provided or included is accurate as of the date of printing, that covered persons or prospective covered persons should consult the health carrier's electronic participating provider directory on such health carrier's Internet web site and that covered persons may call the telephone

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number on such covered person's insurance card for more information.

- (4) For the information required to be included in a participating provider directory pursuant to subdivisions (1) and (2) of this subsection, each health carrier shall make available through such directory the sources of such information and any limitations on such information, if applicable.
- (e) Each health carrier shall periodically audit at least a reasonable sample size of its participating provider directories for accuracy and retain documentation of such audit to be made available to the commissioner upon request.
- Sec. 4. Section 19a-904a of the 2016 supplement to the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2017*):
 - (a) On and after January 1, 2016, each health care provider shall, prior to any scheduled admission, procedure or service, for nonemergency care, determine whether the patient is covered under a health insurance policy. If the patient is determined not to have health insurance coverage or the patient's health care provider is out-of-network, such health care provider shall notify the patient, in writing, electronically or by mail, (1) of the charges for the admission, procedure or service, (2) that such patient may be charged, and is responsible for payment for unforeseen services that may arise out of the proposed admission, procedure or service, and (3) if the health care provider is out-of-network under the patient's health insurance policy, that the admission, service or procedure will likely be deemed out-of-network and that any out-of-network applicable rates under such policy may apply. Nothing in this subsection shall prevent a health care provider from charging a patient for such unforeseen services.
 - (b) Each health care provider and health carrier shall ensure that any notice, billing statement or explanation of benefits submitted to a patient or insured is written in language that is understandable to an average reader.

(c) No health care provider shall collect or attempt to collect from an
 insured patient any money owed to such health care provider by such
 patient's health carrier.

- Sec. 5. Subsection (a) of section 38a-477e of the 2016 supplement to the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2017*):
- 743 (a) On and after July 1, 2016, each health carrier, as defined in 744 section 38a-1084a, shall maintain an Internet web site and toll-free 745 telephone number that enables consumers to request and obtain: (1) 746 Information on in-network costs for inpatient admissions, health care 747 procedures and services, including (A) the allowed amount for, at a 748 minimum, admissions and procedures reported to the exchange 749 pursuant to section 38a-1084a for each health care provider in the state; 750 (B) the estimated out-of-pocket costs that a consumer would be 751 responsible for paying for any such admission or procedure that is 752 medically necessary, including any facility fee, coinsurance, 753 copayment, deductible or other out-of-pocket expense; and (C) data or 754 other information concerning (i) quality measures for the health care 755 provider, (ii) patient satisfaction, to the extent such information is 756 available, (iii) [a list of in-network health care providers, (iv) whether a 757 health care provider is accepting new patients, and (v) languages 758 spoken by health care providers] a directory of participating providers, 759 as defined in section 38a-472f, as amended by this act, in accordance 760 with the provisions of section 38a-472f, as amended by this act; and (2) 761 information on out-of-network costs for inpatient admissions, health 762 care procedures and services.
- Sec. 6. Section 38a-478d of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2017*):
- For any contract delivered, issued for delivery, renewed, amended or continued in this state, each managed care organization shall:
- 767 (1) [Provide at least annually to each enrollee a listing of all providers available under the provisions of the enrollee's enrollment

agreement, in writing or through the Internet at the option of the enrollee;

- 771 (2) Include] Provide at least annually to each enrollee a provider
 772 directory that conforms to the requirements of section 3 of this act.
 773 Such directory shall include, under a separate category or heading,
 774 participating advanced practice registered nurses; [in the listing of
 775 providers specified under subdivision (1) of this section;] and
- 776 [(3)] (2) For a managed care plan that requires the selection of a primary care provider:
 - (A) Allow an enrollee to designate a participating, in-network physician or a participating, in-network advanced practice registered nurse as such enrollee's primary care provider; and
- (B) Provide notification [, as soon as possible] in accordance with subsection (g) of section 38a-472f, as amended by this act, to each such enrollee upon the termination or withdrawal of the enrollee's primary care provider.
- Sec. 7. Section 38a-478h of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2017*):
- 787 (a) Each contract delivered, issued for delivery, renewed, amended 788 or continued in this state between a managed care organization and a 789 participating provider shall [require the provider to give at least sixty 790 days' advance written notice to the managed care organization and 791 shall require the managed care organization to give at least sixty days' 792 advance written notice to the provider in order to withdraw from or 793 terminate the agreement] conform to the requirements of section 2 of 794 this act and shall include notice provisions for the removal or 795 departure of such provider in accordance with subsection (g) of section 796 38a-472f, as amended by this act.
 - [(b) The provisions of this section shall not apply: (1) When lack of such notice is necessary for the health or safety of the enrollees; (2) when a provider has entered into a contract with a managed care

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organization that is found to be based on fraud or material misrepresentation; or (3) when a provider engages in any fraudulent activity related to the terms of his contract with the managed care organization.]

[(c)] (b) No managed care organization shall take or threaten to take any action against any provider in retaliation for such provider's assistance to an enrollee under the provisions of section 38a-591g.

This act sha sections:	all take effect as follows	and shall amend the following
Section 1	January 1, 2017	38a-472f
Sec. 2	January 1, 2017	New section
Sec. 3	January 1, 2017	New section
Sec. 4	January 1, 2017	19a-904a
Sec. 5	January 1, 2017	38a-477e(a)
Sec. 6	January 1, 2017	38a-478d
Sec. 7	January 1, 2017	38a-478h

Statement of Legislative Commissioners:

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In Section 1(a)(1)(A) and (B), "a person" was changed to "an individual" for accuracy; Section 1(a)(1)(C) was rearranged for clarity; Section 1(c)(1)(B) was redrafted for consistency with standard drafting conventions; in Section 1(c)(2), the designators were changed for consistency with standard drafting conventions; in Section 1(i)(1), "title 38a" was changed to "this title" for accuracy; and in Section 2(b)(2), "subdivision (2)" was changed to "subdivision (1)" for accuracy.

INS Joint Favorable Subst. -LCO

The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

OFA Fiscal Note

State Impact: None

Municipal Impact: None

Explanation

The bill requires the Insurance Department to: (1) review and determine the sufficiency of a health carrier's provider network subject to specified criteria, and (2) to adopt regulations implementing the bill's provisions for a health carrier's provider networks, contracts and directories. This does not result in a fiscal impact to the Department as it has the expertise necessary to undertake these provisions.

The bill does not result in a cost to the state employee and retiree health plan as the state plan currently has a network which complies with the requirements of the bill. The bill is not anticipated to result in a fiscal impact to municipal health plans.

The Out Years

State Impact: None

Municipal Impact: None

OLR Bill Analysis sSB 433

AN ACT CONCERNING STANDARDS AND REQUIREMENTS FOR HEALTH CARRIERS' PROVIDER NETWORKS AND CONTRACTS BETWEEN HEALTH CARRIERS AND PARTICIPATING PROVIDERS.

SUMMARY:

This bill requires health carriers (e.g., insurers and HMOs) to establish and maintain adequate provider networks to assure that all covered benefits are accessible to covered individuals without unreasonable travel or delay. Carriers must ensure that emergency services are available at all times. Under current law, networks must be consistent with (1) the National Committee for Quality Assurance's (NCQA) network adequacy requirements or (2) URAC's provider network access and availability standards. (URAC, formerly known as the Utilization Review Accreditation Commission, and NCQA are nonprofit health quality organizations).

The bill requires the insurance commissioner to review and determine the sufficiency of a health carrier's provider network, subject to specified criteria. Additionally, it requires a carrier to provide benefits at the in-network level of coverage when a nonparticipating provider performs covered services for a covered individual if a participating provider is not available in the network.

The bill requires carriers to (1) make a good faith effort to give written notice to a participating provider's patients when the provider leaves the network and (2) provide for the continuity of care for patients in an active course of treatment with the provider. It also establishes standards for contracts between a health carrier and its participating providers and requires carriers to maintain a current and accurate provider directory on its website that it updates at least

monthly.

The bill authorizes the commissioner to adopt regulations implementing the bill's provisions for a health carrier's provider networks, contracts, and directories.

Lastly, the bill prohibits a provider from collecting or attempting to collect from an insured patient any money the patient's health carrier owes to the provider. By law, it is an unfair trade practice for a health care provider to request payment from a health care plan enrollee, except for a copayment, deductible, coinsurance, or other out-of-pocket expense, for covered health care services (CGS § 20-7f, as amended by § 11 of PA 15-146).

EFFECTIVE DATE: January 1, 2017

NETWORK ADEQUACY REQUIREMENTS

Network, Access Plan, and Material Changes Must be Filed

The bill requires each health carrier, beginning January 1, 2017, to file with the insurance commissioner each existing network and access plan (described below). For each new network a carrier plans to offer after that date, the carrier must file the new network and access plan with the commissioner within 30 days before offering the network.

A carrier must notify the commissioner of any material change to a network within 15 days after the change and must file an update to the network within 30 days after the change. The bill defines a "material change" as (1) a change of 25% or more in the participating providers in the network or (2) any change that makes the network noncompliant with the network adequacy requirements that causes the network to be significantly different from what a covered individual initially purchased.

Sufficiency of Network

The bill requires the insurance commissioner to determine the sufficiency of a health carrier's network. In determining sufficiency, she may refer to any reasonable criteria, including the:

1. ratio of participating providers to covered individuals by specialty;

- 2. ratio of primary care providers to covered individuals;
- 3. geographic accessibility of participating providers;
- 4. geographic variation and dispersion of the state's population;
- 5. wait times for appointments with participating providers;
- 6. participating providers' hours of operation;
- 7. network's ability to meet covered individuals' needs;
- 8. availability of other health care delivery system options, including telemedicine, centers of excellence, and mobile clinics;
- 9. volume of technological and specialty care services available to those who require them;
- 10. extent to which participating providers are accepting new patients;
- 11. degree to which participating providers are authorized to admit patients to participating hospitals and hospital-based providers; and
- 12. regionalization of specialty care.

Access Plan

A health carrier's access plan must be in a form the commissioner prescribes and must include:

- 1. the carrier's network, including how telemedicine, telehealth, or other technology is used to meet network access standards;
- 2. the carrier's procedures for making and authorizing referrals within and outside its network;

3. the carrier's procedures for monitoring and assuring on an ongoing basis the sufficiency of its network;

- 4. factors used to build the network, including criteria used to select and tier health care providers and facilities;
- 5. the carrier's efforts to address the needs of all covered persons and to include various types of essential community providers (those serving low-income, medically underserved people) in its network;
- 6. methods for assessing the health care needs of covered individuals and their satisfaction with the health care services provided;
- 7. how the carrier informs covered individuals of covered benefits, including grievance and appeal processes, how to choose or change participating providers, and the health carrier's process for updating its participating provider directories;
- 8. how covered individuals may change who they designate as a primary care provider;
- 9. the carrier's way of ensuring coordination and continuity of care for covered individuals, including in the event of (a) a contract termination between the carrier and a participating provider or (b) the health carrier's insolvency or other inability to continue operations;
- 10. the process for monitoring access to specialist services (i.e., emergency room care, anesthesiology, radiology, hospitalist care, and pathology and laboratory services) at the carrier's participating hospitals;
- 11. the carrier's efforts to ensure that its participating providers meet available and appropriate quality of care standards and health outcomes;

12. the carrier's accreditation by (a) NCQA, affirming that the carrier meets NCQA's network adequacy requirements or (b) URAC, affirming that the carrier meets URAC's provider network access and availability standards; and

13. any other information the commissioner requires to determine the carrier's compliance with the bill.

The bill requires a health carrier to post each access plan on its website and make it available at its Connecticut business location and to anyone upon request. But the carrier may exclude from a publicly available access plan any information that it deems proprietary. A carrier may also ask the commissioner not to disclose proprietary information under the Freedom of Information Act.

Carrier Requirements

The bill requires a health carrier to:

- 1. maintain adequate arrangements with providers to assure that its covered individuals have reasonable access to participating providers near their homes or jobs;
- 2. monitor the ability, clinical capacity, and legal authority of its participating providers to provide all covered benefits to its covered individuals;
- 3. establish and maintain procedures for notifying a participating provider of the specific covered health care services for which he or she is responsible;
- ensure that participating providers provide covered benefits to all covered individuals whether the person is enrolled as a private purchaser or as a participant in a publicly financed health care program;
- 5. notify participating providers of their obligations to (a) collect coinsurance, deductibles, or copayments from covered individuals and (b) notify individuals of their financial

obligations for noncovered benefits;

6. establish and maintain procedures by which a participating provider may determine in a timely manner when benefits are provided whether an individual is covered or is within a grace period for paying premium during which the carrier may hold a claim for health care services pending receipt of premium payment;

- 7. timely notify a health care provider or facility of the provider's or facility's network participation status;
- 8. notify participating providers of their responsibilities with respect to the carrier's administrative policies and programs, including payment terms, utilization review, quality assessment and improvement programs, credentialing, grievance and appeals processes, reporting if the practice is not accepting new patients, confidentiality requirements, and obtaining necessary referrals to nonparticipating providers; and
- 9. establish and maintain procedures for resolving disputes between the carrier and a participating provider.

Carrier Prohibitions

The bill prohibits a health carrier from:

- 1. offering or providing an inducement to a participating provider to encourage the provider to provide less than medically necessary health care services to a covered individual;
- prohibiting a participating provider from discussing any specific treatment option with covered individuals or advocating on behalf of covered individuals during utilization review or grievance and appeals processes; or
- 3. penalizing a participating provider because the provider reports in good faith to state or federal authorities any act or practice by the carrier that jeopardizes patient health or welfare.

Selecting and Tiering Participating Providers

The bill requires a health carrier to develop standards for selecting and tiering participating providers and provider specialties. The carrier must make the standards available to the (1) insurance commissioner for her review and (2) public in plain language. Under the bill, a "tiered network" is a network of participating providers that identifies and groups health care providers and facilities into specific groups for which different reimbursement, cost-sharing, or access requirements apply for the same health care services.

Under the bill, a carrier cannot establish standards that would:

- 1. allow the carrier to discriminate against high-risk populations by excluding or tiering providers located in a geographic area that presents higher-than-average claims, losses, or health care service utilization;
- 2. exclude providers because they treat or specialize in treating populations that present higher-than-average claims, losses, or health care service utilization; or
- 3. allow the carrier to discriminate against a provider acting within the scope of his or her license or certification.

The bill specifies that it does not require a carrier to contract with every provider or facility willing to abide by its participation terms. It also does not require a carrier, its intermediaries, or contracted provider networks to (1) employ specific providers or (2) contract with more providers than are needed to maintain a sufficient network.

Coverage at In-Network Level of Benefits

Under the bill, a health carrier generally must provide benefits at the in-network level of coverage when a nonparticipating provider performs covered services for a covered individual if a participating provider is not available in the network. Specifically, a carrier must establish and maintain a process that ensures a covered individual receives covered benefits at the in-network level of benefits and cost

sharing from a nonparticipating provider when the carrier's network is either not sufficient or sufficient but does not have a (1) type of participating provider needed to provide the covered benefit or (2) participating provider available without unreasonable travel or delay.

A carrier must disclose to a covered individual how to request a covered benefit from a nonparticipating provider at the in-network level of benefits when the individual is diagnosed with a condition or disease that requires specialty care and the carrier (1) does not have a participating provider of the required specialty with the training and expertise to treat the person or (2) cannot provide reasonable access to such a participating provider without unreasonable travel or delay.

The carrier must respond to a request in a timely fashion appropriate for the individual's condition but no longer than allowed under the law for an external review. It must treat the health care service as being performed in-network, including counting the individual's cost sharing toward the out-of-pocket maximum limit applicable to in-network services.

The carrier must document all such requests and provide the documentation to the commissioner upon request.

The bill prohibits a carrier from using this process as a substitute for maintaining an adequate network. It also prohibits a covered individual from using the process to circumvent using covered benefits available through the carrier's network.

The bill specifies that it does not affect the rights or remedies available under state or federal law relating to grievances and appeals.

When a Participating Provider Leaves the Network

The bill, as under existing law, requires that a health carrier and participating provider provide each other at least 60 days' notice before a carrier removes the provider from the network or the provider leaves the network.

Under the bill, a participating provider who is removed from or leaves the network must give the carrier a list of his or her patients covered under a network plan of the carrier. The carrier must make a good faith effort, within 30 days after providing or receiving a notice of termination, to give written notice of the provider's departure to each covered patient being treated on a regular basis and, if the provider is a primary care provider (PCP), each covered patient of the PCP.

Continuity of Care

The bill requires a health carrier to establish and maintain continuity of care procedures to transition a covered individual who is in an active course of treatment with a participating provider who is removed from or leaves the carrier's network to another participating provider.

Under the bill, an active course of treatment is care provided during the second or third trimester of pregnancy or an ongoing course of treatment for a condition that (1) is life-threatening; (2) is acute; or (3) will worsen or interfere with anticipated outcomes if the treatment is discontinued, according to the treating provider. Further, covered individuals treated on a regular basis are deemed to be in an active course of treatment.

In addition to requiring the carrier to provide notice that a provider is leaving the network (as described above), the bill requires the carrier to also give the covered individual a list of available participating providers of the same type in the same geographic area and the procedures for requesting continuity of care.

A carrier's continuity of care procedures must provide that:

- 1. a covered individual or his or her authorized representative may request continuity of care;
- 2. a continuity of care request for a covered individual undergoing an active course of treatment must be reviewed by the carrier's medical director after consulting with the treating provider, as

long as the treating provider is not leaving the network for cause; and

3. the continuity of care period for an individual in the second or third trimester of pregnancy must extend through the postpartum period.

Under the bill, the continuity of care period for someone undergoing an active course of treatment must last until the earliest of:

- 1. the end of the course of treatment;
- 2. 90 days after the treating provider leaves the network, unless the medical director decides a longer period is needed;
- 3. the date the individual's care is transitioned to another participating provider;
- 4. the date benefit limitations under the plan are met or exceeded; or
- 5. the date the carrier determines the care is no longer medically necessary.

The bill specifies that a carrier can grant a continuity of care period only if the treating provider leaving the network agrees in writing to (1) accept the same payment and terms as when he or she was participating in the network and (2) not seek any payment from a covered individual for any amount he or she would not have been responsible for if the provider was still in the network.

PROVIDER CONTRACT REQUIREMENTS

Required Provisions

The bill specifies certain provisions that contracts between a health carrier and a participating provider ("provider contract") must contain. The requirements apply to contracts entered into, renewed, or amended on or after January 1, 2017.

The bill requires a provider contract to include a specified hold harmless provision that protects covered individuals from being billed for more than they are required to pay for services covered under the plan. It also requires a provider contract to include a provision that, if a carrier becomes insolvent or operations cease, the participating provider must continue delivering covered health care services to covered individuals until the date the individual's coverage under the plan ends or the provider contract would have ended had the carrier remained in operation, whichever is earlier.

Under the bill, a provider contract must require a participating provider to make health records available to state and federal authorities investigating grievances or assessing the quality of care provided to covered individuals. The contract must require the provider to comply with applicable state and federal laws on the confidentiality of health records and an individual's rights to view, obtain copies of, or amend his or her health records.

In addition, the bill requires a provider contract to define what "timely notice" and "material change" mean for purposes of complying with a requirement that the carrier give providers timely notice of any material changes to the contract.

The bill specifies that a provider contract's terms must:

- 1. be construed in favor of covered individuals;
- 2. survive the termination of the contract; and
- 3. supersede any agreement between a provider and a covered individual, or his or her authorized representative, that is contrary to the bill.

Prohibitions

Under the bill, a provider contract cannot conflict with the provisions contained in the carrier's network plan or the bill's network adequacy, provider contract, and provider directory requirements.

The bill prohibits carriers and participating providers that are parties to a provider contract from assigning or delegating any right or responsibility under the contract without the other party's written consent.

Required Disclosure

The bill requires a carrier or its intermediary, when a provider contract is signed, to disclose to the provider all provisions and other documents incorporated by reference in the contract. An "intermediary" is a person or entity authorized to negotiate and execute provider contracts with carriers on behalf of providers.

Contracts between Carriers and Intermediaries

The bill requires contracts between a health carrier and an intermediary to comply with certain provisions. The requirements apply to contracts entered into, renewed, or amended on or after January 1, 2017.

Under the bill, a carrier cannot delegate to an intermediary the carrier's responsibilities to monitor the offering of covered benefits to covered individuals. To the extent a carrier delegates other responsibilities to an intermediary, the carrier remains responsible for the intermediary's compliance with the bill's provider contract requirements.

The bill gives the carrier the right to approve or disapprove a provider's or facility's participation status in the carrier's network, whether its own or a subcontracted network. It requires the carrier to keep at its principal place of business in Connecticut copies of all intermediary subcontracts or at least have access to all such contracts. Under the bill, a carrier has the right, upon 20 days' prior written request, to make copies of all such subcontracts for regulatory review purposes.

The bill requires an intermediary, if applicable, to give a carrier documentation of the health care services used and claims paid. An intermediary must also keep at its principal place of business in

Connecticut, for regulatory review purposes, books, records, financial information, and documentation of health care services covered individuals received, for as long as the insurance commissioner prescribes. An intermediary must allow the commissioner access to such information as needed for her to determine compliance with the bill's network adequacy and provider contract requirements.

Under the bill, a health carrier must monitor the timeliness and appropriateness of (1) payments an intermediary makes to participating providers and (2) health care services covered individuals receive.

If an intermediary becomes insolvent, the bill gives a health carrier the right to require the intermediary to assign to it the provider contract provisions that address a provider's obligation to provide covered benefits. If such assignment is required, the carrier remains obligated to pay the participating provider under the same terms and conditions as applied before the insolvency.

Disputes

Under the bill, the insurance commissioner cannot arbitrate, mediate, or settle disputes (1) over a carrier's decision not to include a provider or facility in its network or (2) between a carrier, an intermediary, or a participating provider that arise under a provider contract or its termination.

PROVIDER DIRECTORY REQUIREMENTS

Accurate Directories Required

The bill requires a health carrier to post on its website a current and accurate directory of its participating providers ("provider directory") for each of its network plans. The carrier must update the directories at least monthly. Consumers must be able to view the directories on a carrier's website without having to create or access an account or enter a policy or contract number. A carrier must provide a printed copy of a directory or information from it upon request of a covered individual or his or her authorized representative.

Contents of a Directory

The bill requires a carrier to include a plain language description of the following in each provider directory:

- 1. the criteria the carrier used to build its network and, if applicable, tier its participating providers;
- 2. how the carrier designates the different tiers in the network and in which tier each participating provider is placed using a name, symbol, or grouping that allows the consumer to identify the tiers; and
- 3. if applicable, that an authorization or referral may be required to access some participating providers.

A provider directory must also include a customer service email address and telephone number or a website address that consumers and covered individuals can use to inform the carrier of inaccuracies in the provider directory.

A carrier must clearly identify which provider directory applies to which network plan. And each directory must accommodate individuals with disabilities and individuals with limited English proficiency.

Online Directories. For each participating provider, a carrier's online provider directory must include the provider's name, gender, specialty, board certification, participating office locations, medical group affiliations, facility affiliations, participating facility affiliations, languages the provider and staff speak other than English, contact information, and if the provider is accepting new patients.

For each participating hospital, the online directory must include the name and the type of hospital (e.g., acute, rehabilitation, children's, cancer), the participating location, the hospital's accreditation status, and its telephone number.

For each participating facility other than a hospital, the online

directory must include the facility name, the types of health care services performed there, the participating locations, and its telephone number.

Online directories must also make available the sources of, and any limitations on, its information.

Print Directories. A carrier's printed provider directories must be available upon request and must include the following information:

- 1. for a participating provider, the provider's name, contact information, specialty, participating office locations, languages spoken other than English, and if he or she is accepting new patients;
- 2. for a participating hospital, the name and the type of hospital, participating location, and telephone number; and
- 3. for a participating facility other than a hospital, by type, the name and the type of facility, type of health care services performed there, participating locations, and telephone number.

A carrier must include a statement in a printed directory that the information is accurate as of the print date and the consumer should consult the carrier's online provider directory or call the carrier for more information.

Audit Required

The bill requires a carrier to periodically audit a reasonable sample size of its provider directories for accuracy. It must keep the audit documentation and provide it to the insurance commissioner upon her request.

ENFORCEMENT

Under the bill, if the insurance commissioner determines that a health carrier has not complied with the bill's network adequacy, provider contract, or provider directory requirements, the health carrier must implement a corrective action plan as directed by the

commissioner. The commissioner may take any action authorized under the state's insurance laws to bring a carrier into compliance. By law, the commissioner may fine a carrier up to \$15,000 per violation (CGS § 38a-2).

COMMITTEE ACTION

Insurance and Real Estate Committee

Joint Favorable Yea 18 Nay 0 (03/17/2016)